FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Bowers (Last)	E Robert I (FENRIDGE)	irst) CONNECTOR	(Middle) 30342 (Zip)		3. 02	2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM] 3. Date of Earliest Transaction (Month/Day/Year) 02/10/2022 4. If Amendment, Date of Original Filed (Month/Day/Year)								(Check	EVP-CFO&Admin Off andividual or Joint/Group Filing (Check Applicable e)					
		Tal	ble I - Noi	n-Deri	ivativ	/e Se	curitie	s Acq	uired,	Dis	posed of	f, or Bei	nefici	ially	Owned					
Date			Date	nsaction h/Day/Y	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8) 4. Securities Acquired (A) of (D) (Instr. 3, 4)			Securities Beneficially Owned Following		s lly ollowing	Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership					
									Code	v	Amount	(A) or (D)	Pric	e	Reported Transaction(s) (Instr. 3 and 4)				Instr. 4)	
Common Stock 0.				02/1	10/202	/2022		М		8,161 A		(1	1)(2)	315,618			D			
Common Stock 0			02/1	10/202	/2022		F		3,926 ⁽³⁾ D		\$1	6.85	311,692			D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day)	oate,		ansaction Derivation Securition Acquire or Disposof (D) (III		Derivative		Exerci on Da Day/Ye		7. Title and Am of Securities Underlying Derivative Sec (Instr. 3 and 4)			3. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares			Transaction(s) (Instr. 4)				
Restricted Stock Units	\$0.0 ⁽²⁾	02/10/2022			A		32,641		(4)		(4) Common Stock		32,6	641	\$0 63,82		7	D		
Restricted Stock Units	\$0.0 ⁽²⁾	02/10/2022			М			8,161	(4)		(4)	Common Stock	8,1	61	\$0	55,666	5	D		

Explanation of Responses:

- 1. Represents the vesting of 25% of an initial grant on February 10, 2022 of restricted stock units, which were settled in PDM common stock.
- 2. Each restricted stock unit represents a contingent right to receive one share of PDM common stock. Restricted stock units may be settled in cash or common stock at PDM's election.
- $3. \ In \ connection \ with the \ vesting \ reported \ above, \ 3,926 \ shares \ were \ for feited \ by \ the \ employee \ and \ delivered \ to \ PDM \ to \ satisfy \ tax \ withholding \ obligations.$
- 4. On February 10, 2022, the reporting person was granted 32,641 restricted stock units, vesting in four equal, annual installments beginning on the grant date.

Remarks:

/s/ Laura P. Moon as Attorneyin-Fact for Robert E. Bowers

02/14/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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