FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

1	OIVID APPROVAL										
	OMB Number:	3235-0287									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name ar		2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)										
Smith (1									V Directo	r	10% Owner		ner						
(Last)	(F	irst)	(Middle)	,	3. D	Date of Earliest Transaction (Month/Day/Year)								Officer below)	(give title	e title Other (spe below)		pecify		
5565 GLENRIDGE CONNECTOR							02/19/2020								President & Chief Exec. Off					
STE. 450)																			
							4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)															X Form filed by One Reporting Person					
ATLANTA GA 30342														Form filed by More than One Reporting						
(City) (State) (Zip)														Person	Person					
		Ta	ble I - No	n-Deriv	ative	Se	curitie	s Acq	uired,	Dis	posed of	f, or Ber	eficiall	y Owned						
1. Title of Security (Instr. 3) 2. Trans Date (Month/							2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4			Beneficia Owned F	s illy ollowing	Form:	Direct I Indirect E tr. 4)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) or (D)	Price	Reported Transacti (Instr. 3 a	ion(s)		ľ	(Instr. 4)		
Common Stock 02/19/						/2020		M		7,426 A		(1)(2)	151,867		D					
Common Stock 02/19/						/2020		F		3,350 ⁽³⁾ D \$		\$24.4	148,517			D				
			Table II -								osed of, onvertib			Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day)	ate, Tr	4. Transaction Code (Instr. 8)				6. Date Exercis Expiration Date (Month/Day/Yea		te of Securities		ies g Security	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)		
				Co	ode V	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares		Transactio (Instr. 4)	on(s)				
Restricted Stock Units	\$0.0 ⁽²⁾	02/19/2020			A		29,701		(4)		(4)	Common Stock	29,701	\$0	29,701	1	D			
Restricted Stock	\$0.0 ⁽²⁾	02/19/2020		1	М			7,426	(4)		(4)	Common Stock	7,426	\$0	22,275	5	D			

Explanation of Responses:

- 1. Represents the vesting of 25% of an initial grant on February 19, 2020 of restricted stock units, which were settled in PDM common stock.
- 2. Each restricted stock unit represents a contingent right to receive one share of PDM common stock. Restricted stock units may be settled in cash or common stock at PDM's election.
- 3. In connection with the vesting reported above, 3,350 shares were forfeited by the employee and delivered to PDM to satisfy tax withholding obligations.
- 4. On February 19, 2020, the reporting person was granted 29,701 restricted stock units, vesting in four equal, annual installments beginning on the grant date.

Remarks:

/s/ Laura P. Moon as Attorneyin-Fact for Christopher Brent

02/21/2020

Smith

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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