FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

Vashington,	D.C.	20549	
vasimigton,	D.O.	200-0	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL											
- 1												
	OMB Number:	3235-0287										
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	Check this box if no longer subject to
\neg	Section 16. Form 4 or Form 5
_	obligations may continue. See
	Instruction 1(b).

			or Sec	ction 30(h) of the In	vestmen	Com	pany Act of 19	940						
Name and Address of Reporting Person* COHEN GLENN GARY				2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM]						ationship of Reporting Person(s) to Iss c all applicable) Director 10% Ov				
(Last)	(First)	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 05/10/2023						Officer (give title below)		(specify		
5565 GLENRIDGE CONNECTOR STE 450				4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person				
(Street) ATLANTA	GA	30342								Form filed by Mor Person	re than One Rep	orting		
(City)	(State)	(Zip)	☐ Ch	Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.										
		Table I - Noi	n-Derivative S	ecurities Acqu	uired, I	Disp	osed of, o	r Bene	eficially	Owned				
Date			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)			4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)			5. Amount of Securities Beneficially Owned following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
					Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)		
Common Stock 05			05/10/2023		M		6,839	A	(1)(2)	37,258	D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned														

(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (li 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		and 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Restricted Stock Units	\$0 ⁽¹⁾	05/10/2023		М			6,839	(2)	(2)	Common Stock	6,839	\$0	0	D	
Restricted Stock Units	\$0 ⁽¹⁾	05/10/2023		A		15,220		(3)	(3)	Common Stock	15,220	\$0	15,220	D	

Explanation of Responses:

- 1. Each restricted stock unit represents a contingent right to receive one share of PDM common stock. Restricted stock units may be settled in cash or common stock at PDM's election.
- 2. On May 11, 2022, the reporting person was granted 6,839 restricted stock units, which vested at the 2023 Annual Meeting of Stockholders of Piedmont Office Realty Trust, Inc. on May 10, 2023, and were settled in PDM common stock.
- 3. On May 10, 2023, at the 2023 Annual Meeting of Stockholders of Piedmont Office Realty Trust, Inc., the reporting person was granted 15,220 restricted stock units, which will vest on the earlier of the 2024 Annual Meeting of Stockholders, or the anniversary of the grant date in May 2024.

Remarks:

/s/ Laura P. Moon as Attorney-

05/12/2023

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.