FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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| OMB APPROVAL | | | | | | | | | | |
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| OMB Number: | 3235-0287 | | | | | | | | | |
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* | | | | 2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM] | | | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Other (specify | | | | | | | |
|--|--|--|--|--|-------|---|------|-------|-------------------|--|---------------------|---|---|--|---|---|---|--|--|--|
| (Last) 5565 GL STE, 450 | ENRIDGE | irst) CONNECTOR | (Middle) | | | 3. Date of Earliest Transaction (Month/Day/Year) 02/19/2021 | | | | | | | | | below) | .0 | below P-CFO | | | |
| (Street) | | A : | 30342 | | 4. If | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | Line | Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | | |
| (City) | (S | tate) | (Zip) | | | | | | | | | | | | | | | | | |
| | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | | | | | | | | | | | | |
| 1. Title of Security (Instr. 3) 2. Transa Date (Month/D | | | | Execution Date | | ecution Date, iny | | | | ities Acquired (A) d Of (D) (Instr. 3, 4 | | | 5. Amou Securiti Benefici Owned Reporte | es ally Following | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | | |
| | | | | | | | | Code | v | Amount | (A (D |) or) | Price | Transac | Transaction(s) (Instr. 3 and 4) | | | (111511.4) | | |
| Common Stock 02 | | | | 02/19 | /2021 | /2021 | | | М | М | |) | A | (1)(2) | 315,935 | | | D | | |
| Common Stock 02/19/ | | | /2021 | 2021 | | F | | 2,102 | (3) | D | \$16.8 | 8 313 | 313,833 | | D | | | | | |
| | | Т | able II - | | | | | | | | osed of converti | | | | Owned | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deeme Execution if any (Month/Day | Date, Transa Code (| | | of E | | Expiration | 5. Date Exercisa Expiration Date Month/Day/Yea | | 7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4) | | 4) | 8. Price of Derivative Security (Instr. 5) | 9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4) | ly Di | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) | |
| | | | | | Code | v | (A) | (D) | Date Exercisal | | Expiration Date | Title | 0 N | Amount or Jumber of Shares | | | | | | |
| Restricted Stock | \$0.0 ⁽²⁾ | 02/19/2021 | | | M | | | 4,660 | (4) | | (4) | Comm | | 4,660 | \$0 | 31,180 | 6 | D | | |

Explanation of Responses:

- 1. Represents the vesting of 25% of a grant issued on February 19, 2020 of restricted stock units, which were settled in PDM common stock.
- 2. Each restricted stock unit represents a contingent right to receive one share of PDM common stock. Restricted stock units may be settled in cash or common stock at PDM's election.
- 3. In connection with the vesting reported above, 2,102 shares were forfeited by the employee and delivered to PDM to satisfy tax withholding obligations.
- 4. On February 19, 2020, the reporting person was granted 18,640 restricted stock units, vesting in four equal, annual installments beginning on the grant date.

Remarks:

/s/ Laura P. Moon as Attorneyin-Fact for Robert E. Bowers

** Signature of Reporting Person

Date

02/23/2021

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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