FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Taysom Dale H. (Last) (First) (Middle) 5565 GLENRIDGE CONNECTOR STE. 450					3. r 05.	2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM] 3. Date of Earliest Transaction (Month/Day/Year) 05/11/2022 4. If Amendment, Date of Original Filed (Month/Day/Year)								Relationship of Reporting (Check all applicable) Director Officer (give title below) Individual or Joint/Group			10% Ov Other (s below)	vner specify	
(Street) ATLANT		tate)	30342 (Zip)		-									Form Perso	Form filed by One Reporting Person Form filed by More than One Reporting Person				
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transact Date (Month/Day)				action	tion 2A. Deemed Execution Date,			3. Transaction Code (Instr. 8)		4. Securities Acquired (A)			5. Amou Securiti Benefic	int of es ally Following	Form (D) o	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(A) or (D)	Price	Transac (Instr. 3	tion(s)	on(s)		(IIISU. 4)	
Common Stock 05/11/2						2022		М		5,011	A	(1)(2)	38,60	38,605.3272 ⁽³⁾		D			
Common Stock 05/11/2					/2022	2022		F		1,391 ⁽⁴⁾ D		\$14.6	37,21	37,214.3272(3)		D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transaction Code (Inst				6. Date Exerci Expiration Da (Month/Day/Y		te	7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price o Derivative Security (Instr. 5)	derivative Securities Beneficia Owned Following Reported	e ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amoun or Numbe of Shares		Transacti (Instr. 4)	ion(s)			
Restricted Stock Units	\$0.0 ⁽¹⁾	05/11/2022			M			5,011	(2)		(2)	Common Stock	5,011	\$0	0		D		
Restricted Stock Units	\$0.0 ⁽¹⁾	05/11/2022			A		6,839		(5)		(5)	Common Stock	6,839	\$0	6,839	9	D		

- 1. Each restricted stock unit represents a contingent right to receive one share of PDM common stock. Restricted stock units may be settled in cash or common stock at PDM's election.
- 2. On May 11, 2021, the reporting person was granted 5,011 restricted stock units, which vested at the 2022 Annual Meeting of Stockholders of Piedmont Office Realty Trust, Inc. on May 11, 2022, and were settled in PDM common stock.
- 3. The balance includes shares obtained through Piedmont's dividend reinvestment plan during the period in which the shares where obtained.
- 4. In connection with the vesting of 5,011 shares of deferred stock on May 11, 2022, (representing 100% of a grant made at the 2021 Annual Meeting of Stockholders on May 11, 2021), 1,391 shares were forfeited by the reporting person and delivered to the Company to satisfy tax withholding obligations.
- 5. On May 11, 2022, at the 2022 Annual Meeting of Stockholders of Piedmont Office Realty Trust, Inc., the reporting person was granted 6,839 restricted stock units, which will vest on the earlier of the 2023 Annual Meeting of Stockholders, or the anniversary of the grant date in May 2023.

Remarks:

Laura P. Moon as Attorney-in-Fact for Dale H. Taysom

05/12/2022

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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