FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, I	D.C.	20549
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CTATEMENIT	OF CHANGES	IN DENIETICIAL	OWNIEDCLIID
STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL 3235-0287 OMB Number: Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

WIBER (Last)	CG ROBE (Fii ENRIDGE		Middle)		3. D 05/	Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM] Jate of Earliest Transaction (Month/Day/Year) 05/03/2019									Check all a Di X Of be	pplicable) ector icer (give title ow) P-Mid Atlan	ntic an	Person(s) to Issuer 10% Owner Other (specify below) ic and NE Regn		
(Street) ATLANT (City)			30342 Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									ne) X Fo	<i>'</i>				
		Tabl	e I - Nor	n-Deriva	ative	Sec	curitie	s Ac	quired,	Dis	posed o	f, or	Bene	eficia	ally Ow	ned				
Date			2. Transa Date (Month/D	Execution Date,		Transaction Disposed Code (Instr. 5)		ities Acquired (A) d Of (D) (Instr. 3, 4			nd Sec Ber Owi Rep	mount of urities eficially ned Following orted	Form:	nership Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)					
								Code	۱v	Amount	Amount (A		Price		saction(s) tr. 3 and 4)					
Common Stock 05/				05/03/	2019			A		9,266(1	1)	Α	\$	0	100,173		D			
Common Stock 05/03			05/03/	/2019			F		698(2)		D	\$21	.04	99,475		D				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Year) if any (Month/Day		Date,	4. Transaction Code (Instr. 8)			ative rities ired osed	6. Date Exercis Expiration Dat (Month/Day/Ye		e	7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amoun or Numbe of Title Shares		ount	8. Price of Derivative Security (Instr. 5)		Ov Fo Dii or (I)	wnership orm: rect (D) Indirect (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			

Explanation of Responses:

- 1. Represents grant of restricted stock units, with 25% vesting on the grant date and the remaining 75% vesting ratably on each anniversary of the grant date over the following three years.
- 2. In connection with the vesting of 25% of the restricted stock units (2,317 shares on May 3, 2019), 698 shares were forfeited by the employee and delivered to the Company to satisfy tax withholding obligations.

Remarks:

/s/ Laura P. Moon as Attorneyin-Fact for Robert K. Wiberg

05/07/2019

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.