FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Vashington,	D.C.	20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours per response:									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

																т т					
1. Name and Address of Reporting Person*  Bowers Robert E						2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [ PDM ]									ck all applic	cable)	ng Person(s) to Issuer 10% Owner Other (spec		ner		
(Last) 5565 GL STE. 450	ENRIDGE	irst) (	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 02/17/2023								X				below)	,,		
(Street)	ΓA G.	A :	30342		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								Line)	Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting						
(City)	(S	tate)	(Zip)													1					
		Tab	le I - No	n-Deriv	ative	Se	curit	ies Ac	quired	, Dis	posed o	of, or B	enef	iciall	y Owned	t					
Date				2. Transa Date (Month/D	Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. 4. Securit Disposed Code (Instr. 5)						es ally Following	Form	: Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount	(A) (D)	or P	rice	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)		
Common Stock					7/2023				М		7,289	) A		(1)(2)	342	342,194		D			
Common Stock				02/17/	/2023				F		3,507	[1]	9	\$10.04	338	338,687		D			
Common Stock 02/19					2023			М		4,660	) A		(2)(3)	343	3,347		D				
Common Stock 02/19/3					′2023		F		2,242	(3)	5	\$10.04	341,105			D					
		Т	able II -								osed of converti				Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemd Execution if any (Month/Da	n Date,	4. Transactioi Code (Instr 8)		n of		6. Date Exercisa Expiration Date (Month/Day/Yea		•	7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	ly [	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	or Nui of	ount mber ares							
Restricted Stock Units	\$0.0 <sup>(2)</sup>	02/17/2023			М			7,289	(1)		(1)	Common Stock	7,	289	\$0	66,514		D			
Restricted Stock	\$0.0 <sup>(2)</sup>	02/19/2023		T	M			4,660	(3)		(3)	Common	4,	660	\$0	61,854		D			

## **Explanation of Responses:**

- 1. On February 17, 2021, the reporting person was granted 29,155 restricted stock units, vesting in four equal, annual installments beginning on the grant date. On February 17, 2023, 25% of the grant vested (7,289 shares) and were settled in PDM common stock. In connection with this vesting, 3,507 shares were forfeited by the employee and delivered to PDM to satisfy tax withholding obligations.
- 2. Each restricted stock unit represents a contingent right to receive one share of PDM common stock. Restricted stock units may be settled in cash or common stock at PDM's election.
- 3. On February 19, 2020, the reporting person was granted 18,640 restricted stock units, vesting in four equal, annual installments beginning on the grant date. On February 19, 2023, the final 25% of the grant vested (4,660 shares) and were settled in PDM common stock. In connection with this vesting, 2,242 shares were forfeited by the employee and delivered to PDM to satisfy tax withholding obligations.

## Remarks:

/s/ Laura P. Moon as Attorneyin-Fact for Robert E. Bowers \*\* Signature of Reporting Person

02/21/2023

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.