FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPRO	VAL
	OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name an		2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM]										Check	all app Direc	licable)			ssuer Owner (specify				
(Last) 5565 GL STE, 450		3. Date of Earliest Transaction (Month/Day/Year) 05/17/2019										X	belov			below)					
(Street) ATLANTA GA 30342 (City) (State) (Zip)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)										. Indivi ine) X	ridual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																					
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da						ar) i	2A. Deemed Execution Date, if any (Month/Day/Year)		3. 4. Securities Acquired Disposed Of (D) (Instr. 5)				nd	5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
						Code	v	Amount	(A) or D)	Price		Transa	nsaction(s) tr. 3 and 4)			(Instr. 4)				
Common	/2019	2019				F		859(1)		D	\$20.74		98,616			D					
Common	Stock		/2019					F		696 ⁽²⁾		D	\$20.74		97,920			D			
		Та										sed of, onvertib					ned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transaction Code (Instr B)				ve es d	6. Date E Expiratio (Month/D	n Date	е	7. Title and Amount of Securities Underlying Derivative Security (Ins and 4)		ount	Deriv Secu	Price of erivative ecurity nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(: (Instr. 4)	O Fe D or (I)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

Explanation of Responses:

- 1. In connection with the vesting of 2,851 shares on May 17, 2019 (representing 25% of restricted stock units granted on May 17, 2018), 859 shares were forfeited by the employee and delivered to the Company to satisfy tax withholding obligations.
- 2. In connection with the vesting of 2,312 shares on May 18, 2019 (representing 25% of restricted stock units granted on May 18, 2017), 696 shares were forfeited by the employee and delivered to the Company to satisfy tax withholding obligations.

Remarks:

/s/ Robert E. Bowers as Attorney-in-Fact for Robert K. 05/21/2019 Wiberg

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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