Check

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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Check this box if no longer subject						
to Section 16. Form 4 or Form 5						
obligations may continue. See						
Instruction 1(b).						

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Guilbert Edward H III						2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM]									k all app Direc	,	ng Pe	rson(s) to Is 10% O Other (wner
(Last) (First) (Middle) 5565 GLENRIDGE CONNECTOR SUITE 450						3. Date of Earliest Transaction (Month/Day/Year) 05/03/2020									belov	below) EVP - Finan		below)	`
(Street) ATLAN (City)			0342 Zip)		4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indi Line) X	ividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Table	I - No	n-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or E	Benefi	icially	y Own	ed			
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day					Exec if an	Deemed cution Date, y nth/Day/Year)				4. Securitie Disposed (5)			4 and Securi Benefi		ties cially I Following	Forn (D) c	wnership n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code V		Amount	(A) (D)	or Pri	се	Transa	saction(s) r. 3 and 4)			(113.11 4)
Common Stock 05/03/2					2020				F		764(1)	D	\$1	16.75	48	48,886		D	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion Or Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Year) 3A. Deemed Execution Date, if any (Month/Day/Year)		Code (8)	Transaction of Code (Instr. Sec Acq (A) of Disport of (I		osed) r. 3, 4	6. Date Expirat (Month)	ion Da /Day/Y		Amount of Securities Underlying Derivative Security (Ins 3 and 4)		De Se (In	Price of rivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

Explanation of Responses:

1. In connection with the vesting of 1,588 shares of deferred stock on May 3, 2020 (representing 25% of an initial grant made on May 3, 2019), 764 shares were forfeited by the employee and delivered to the Company to satisfy tax withholding obligations.

Remarks:

/s/ Laura P. Moon as Attorney-

in-Fact for Edward H.

Guilbert III

** Signature of Reporting Person Date

05/05/2020

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.