FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number: 3235-0287										
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houre per reenonee:	0.5									

	Check this box if no longer subject to
	Section 16. Form 4 or Form 5 obligations may continue. See
\cup	obligations may continue. See
	Instruction 1(b).

			or Section 30(h) of the Investment Company Act of 1940					
Name and Address of Reporting Person* Bowers Robert E			2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM]		ationship of Reporting Pe k all applicable) Director Officer (give title	erson(s) to Issuer 10% Owner Other (specify		
(Last) (First) (Middle) 5565 GLENRIDGE CONNECTOR STE. 450		` ,	3. Date of Earliest Transaction (Month/Day/Year) 02/17/2021	below) below) EVP-CFO				
(Street) ATLANTA (City)	GA (State)	30342 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line) X	vidual or Joint/Group Fili Form filed by One Re Form filed by More th Person	porting Person		

Table 1 - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	V Amount (A) or (D) Price		Price	Transaction(s) (Instr. 3 and 4)				
Common Stock	02/17/2021		M		7,289	A	(1)(2)	314,563	D		
Common Stock	02/17/2021		F		3,288(3)	D	\$17.15	311,275	D		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Numb Derivati Securiti Acquire or Dispo of (D) (li 4 and 5)	ve es ed (A) osed nstr. 3,	6. Date Exerc Expiration Da (Month/Day/\)	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Restricted Stock Units	\$0.0 ⁽²⁾	02/17/2021		A		29,155		(4)	(4)	Common Stock	29,155	\$0	43,135	D	
Restricted Stock Units	\$0.0(2)	02/17/2021		М			7,289	(4)	(4)	Common Stock	7,289	\$0	35,846	D	

Explanation of Responses:

- 1. Represents the vesting of 25% of an initial grant on February 17, 2021 of restricted stock units, which were settled in PDM common stock.
- 2. Each restricted stock unit represents a contingent right to receive one share of PDM common stock. Restricted stock units may be settled in cash or common stock at PDM's election.
- 3. In connection with the vesting reported above, 3,288 shares were forfeited by the employee and delivered to PDM to satisfy tax withholding obligations.
- 4. On February 17, 2021, the reporting person was granted 29,155 restricted stock units, vesting in four equal, annual installments beginning on the grant date.

Remarks:

/s/ Laura P. Moon as Attorneyin-Fact for Robert E. Bowers

02/18/2021

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.