Instruction 1(b).

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington,	D.C.	20549
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STATEMENT	OF	CHANGES	IN	BENEFICIAL	OWNERSHIP

OMB APPROVAL										
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Bowers Robert E					<u>Pi</u>	2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [ PDM ]									eck all applic Directo V Officer	able)	g Perso	Person(s) to Issuer  10% Owner  Other (specif	
(Last) 5565 GL	,	rst)	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 02/13/2024									below)	EVP	-CFO	below)	
STE. 450	)				4.1									Line	-/				
(Street)	ΓA G.	A	30342													led by Mor		rting Persor One Repor	- 1
(City)	(Si	tate)	(Zip)		R	Rule 10b5-1(c) Transaction Indication								contract, instruction or written plan that is intended to					
	satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.  Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)			2. Trans	nsaction h/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Trai	3. 4. Securi Transaction Disposed Code (Instr. 5)		Securiti isposed	ities Acquired (A) or d Of (D) (Instr. 3, 4 a		5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
								Cod	de V	An	Amount (A) or (D)		Price		nsaction(s) tr. 3 and 4)			Instr. 4)	
Common Stock 02/13					3/202	/2024		M	1		12,749		A (1)(2)		359,656		D		
Common	Stock			02/1	3/202	5/2024			F		(	6,133 <sup>(2)</sup> D		\$6.3	39 353,523			D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,		ransaction Code (Instr.		n of		6. Date Exercisa Expiration Date (Month/Day/Yea		of Securities		ies g Security nd 4)	8. Price of Derivative Security (Instr. 5)		Ownersh Form: Direct (D or Indirect (I) (Instr.	Ownership	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v			Expir Date	ration	Title	Amount or Number of Shares							
Restricted Stock Units	\$0 <sup>(1)</sup>	02/13/2024			M			12,749	(2	 !)	(:	(2)	Common Stock	12,749	\$0	80,22	7	D	

## **Explanation of Responses:**

- 1. Each restricted stock unit represents a contingent right to receive one share of PDM common stock. Restricted stock units may be settled in cash or common stock at PDM's election.
- 2. On February 13, 2023, the reporting person was granted 50,995 restricted stock units, vesting in four equal, annual installments beginning on the grant date. On February 13, 2024, 25% of the grant vested (12,749 shares), and were settled in PDM common stock. In connection with this vesting, 6,133 shares were forfeited by the employee and delivered to PDM to satisfy tax withholding obligations.

## Remarks:

/s/ Laura P. Moon as Attorneyin-Fact for Robert E. Bowers

02/14/2024

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.