SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934
or Section 30(h) of the Investment Company Act of 1940

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1. Name and Address of Reporting Person* <u>CANTRELL WESLEY E</u>			2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
				X Director 10% Owner					
	(First) IDGE CONNE	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 05/11/2022	Officer (give title Other (specify below) below)					
STE. 450			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)				X Form filed by One Reporting Person					
ATLANTA	GA	30342		Form filed by More than One Reporting Person					
(City)	(State)	(Zip)							
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year) 8)			4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150.4)
Common Stock	05/11/2022		М		5,011	Α	(1)(2)	56,337	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 1. Title of 3. Transaction 3A. Deemed 5. Number 6. Date Exercisable and 7. Title and 8. Price of Derivative 9. Number of 10. 11. Nature -. Transaction Code (Instr. 8) Amount of Securities Underlying Derivative Seci (Instr. 3 and 4) Conversion or Exercise Execution Date, if any Ownership Form: of Indirect Beneficial Derivative Date (Month/Day/Year) Expiration Date (Month/Day/Year) derivative of Derivative Security (Instr. 3) Security (Instr. 5) Securities Price of Derivative Security (Month/Dav/Year) Securities Beneficially Direct (D) Ownership Acquired (A) or Disposed Owned Following or Indirect (I) (Instr. 4) Security (Instr. 4) Reported of (D) (Instr. 3, 4 Transaction(s) (Instr. 4) and 5) Amount or Number Expiration Date Date of Shares Code ν (A) (D) Exercisable Title Restricted Commo Stock Units \$0.0⁽¹⁾ 05/11/2022 Μ 5,011 (2) 5,011 \$<mark>0</mark> 0 D Stock

Explanation of Responses:

1. Each restricted stock unit represents a contingent right to receive one share of PDM common stock. Restricted stock units may be settled in cash or common stock at PDM's election.

2. On May 11, 2021, the reporting person was granted 5,011 restricted stock units, which vested at the 2022 Annual Meeting of Stockholders of Piedmont Office Realty Trust, Inc. on May 11, 2022, and were settled in PDM common stock.

Remarks:

/s/ Laura P. Moon as Attorney-05/12/2022 in-Fact for Wesley E. Cantrell Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Check this box if no longer subject to Section 16. Form 4 or Form 5 X obligations may continue. See Instruction 1(b)