FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| Washington, D.C. 20549 | |
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| OMB APPROVAL | | | | | | | | | | | |
|--------------------------|-----|--|--|--|--|--|--|--|--|--|--|
| OMB Number: 3235-028 | | | | | | | | | | | |
| Estimated average burden | | | | | | | | | | | |
| hours per response | 0.5 | | | | | | | | | | |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| Name and Address of Reporting Person* Prescott Thomas R. | | | | | 2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM] | | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Other (specify | | | | | | | |
|--|--|--|---|-------|--|---|--------------|-------|---|----------|--|--|---|--|---|--|---|--|---------------------------------------|--|
| (Last) 5565 GL | ` | rst) CONNECTOR | (Middle) | | | 3. Date of Earliest Transaction (Month/Day/Year) 02/19/2021 | | | | | | | | | X Officer (give title Other (spe below) EVP-Midwest Region | | | | | |
| STE. 450 4. If Amendment, Date of Original Filed (Mo | | | | | | | | | (Month/D | ay/Year) | ny/Year) 6. Individual or Joint/Group Filing (Check Applicable | | | | | | | | | |
| (Street) | ΓA G | A : | 30342 | | | 3 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 | | | | | | | | Line) X Form filed by One Reporting Person Form filed by More than One Reporting | | | | | | |
| (City) | (S | tate) | (Zip) | | | Person | | | | | | | | | | | | | | |
| Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | | | | | | | | | | | | | |
| Date | | | 2. Trans Date (Month/I | | Execution Date, | | Code (Instr. | | | | | 4 and Securit Benefic Owned | | es ally Following | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | | 7. Nature of Indirect Beneficial Ownership | | | |
| | | | | | | | | | Code | v | Amount | (A) o | Price | , | Reported Transaction(s) (Instr. 3 and 4) | | | | (Instr. 4) | |
| Common Stock 02/ | | | | 02/19 | 0/2021 | 2021 | | | М | М | | A | (1) | (2) | 68,87 | 72.0375 | | D | | |
| Common Stock 02/19/2 | | | | /2021 | | | | F | | 612(3) | 3) D \$ | | .88 | .88 68,260.0375 | | | D | | | |
| | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deeme Execution if any (Month/Da | Date, | 4. Transactior Code (Instr. 8) | | on of | | 6. Date Exercis. Expiration Date (Month/Day/Yea | | | 7. Title and Amount of Securities Underlying Derivative Securi (Instr. 3 and 4) | | S (I | . Price of erivative ecurity nstr. 5) | 9. Numbe derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4) | re es ally eg d tion(s) | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | Beneficial Ownership (Instr. 4) | |
| | | | | | Code | v | (A) | (D) | Date Exercisal | | Expiration Date | Title | Amous or Number of Shares | er | | | | | | |
| Restricted Stock | \$0.0 ⁽²⁾ | 02/19/2021 | | | M | | | 1,639 | (4) | | (4) | Common Stock | 1,63 |) | \$0 | 11,06 | | D | | |

Explanation of Responses:

- 1. Represents the vesting of 25% of a grant issued on February 19, 2020 of restricted stock units, which were settled in PDM common stock.
- 2. Each restricted stock unit represents a contingent right to receive one share of PDM common stock. Restricted stock units may be settled in cash or common stock at PDM's election.
- 3. In connection with the vesting reported above, 612 shares were forfeited by the employee and delivered to PDM to satisfy tax withholding obligations.
- 4. On February 19, 2020, the reporting person was granted 6,555 restricted stock units, vesting in four equal, annual installments beginning on the grant date.

Remarks:

/s/ Laura P. Moon as Attorneyin-Fact for Thomas R. Prescott

** Signature of Reporting Person Date

02/23/2021

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.