FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington,	D.C.	20549	
-------------	------	-------	--

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL											
	OMB Number: 3235-028											
	Estimated average burden hours per response: 0.5											

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Valente (Last)	Alex (Fi ENRIDGE	Reporting Person*  rst) (  CONNECTOR	(Middle)		3. D	Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [ PDM ]      One of Earliest Transaction (Month/Day/Year) 02/19/2021									ck all appli Director Officer below)	cable) or (give title	g Person(s) to Issuer  10% Owner Other (specify below) heast Region		wner	
(Street) ATLANT	ΓA G.		30342 (Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year) 6 L									Form f	Form filed by One Reporting Person Form filed by More than One Reporting Person				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3)  2. Transac Date (Month/Da			action	tion 2A. Deemed Execution Date,		3. 4. Securi Transaction Disposed Code (Instr. 5)		ities Acqui	red (A	) or	5. Amou Securition Benefici Owned I	nt of es ally Following	Form (D) o	n: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)					
							Code	v	Amount	(A) (D)	or P	rice	Reported Transaction(s) (Instr. 3 and 4)							
Common Stock 02/19/			/2021				М		819	A		(1)(2)	22	,227		D				
Common Stock 02/19/2					/2021	2021			F		313 <sup>(3)</sup> D \$		\$16.88	8 21,914			D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)  2. Conversio or Exercis Price of Derivative Security			3A. Deemed Execution Dat if any (Month/Day/Yo	Date,	Code (Ins		on of		6. Date Exercisable a Expiration Date (Month/Day/Year)			And 7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		urity	erivative ecurity nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)		Date Exercisab		expiration Pate	Title	or Nur of	mber ares						
Restricted Stock Units	\$0.0 <sup>(2)</sup>	02/19/2021			M			819	(4)		(4)	Common	8	19	\$0	7,104		D		

## **Explanation of Responses:**

- 1. Represents the vesting of 25% of a grant issued on February 19, 2020 of restricted stock units, which were settled in PDM common stock.
- 2. Each restricted stock unit represents a contingent right to receive one share of PDM common stock. Restricted stock units may be settled in cash or common stock at PDM's election.
- 3. In connection with the vesting reported above, 313 shares were forfeited by the employee and delivered to PDM to satisfy tax withholding obligations.
- 4. On February 19, 2020, the reporting person was granted 3,277 restricted stock units, vesting in four equal, annual installments beginning on the grant date.

## Remarks:

/s/ Laura P. Moon as Attorney-02/23/2021 in-Fact for Alex Valente

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.