FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Moon Laura P  (Last) (First) (Middle 5565 GLENRIDGE CONNECTOR STE. 450  (Street) ATLANTA GA 30342  (City) (State) (Zip)		2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM]  3. Date of Earliest Transaction (Month/Day/Year) 02/02/2022  4. If Amendment, Date of Original Filed (Month/Day/Year)						M ]	(Chec	ck all app Direc Office below ividual or	or 10% Owner r (give title Other (specify below)  SVP- CAO  Joint/Group Filing (Check Applicable filed by One Reporting Person filed by More than One Reporting					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
1. Title of Security (Instr. 3)  2. Transact Date (Month/Day		tion	on 2A. Deemed Execution Date,		3. 4. Securities Acquirer Transaction Code (Instr. 8) 4. Securities Acquirer Disposed Of (D) (Instr. 5)		red (A)	5. Am 4 and Secur Benef Owne		unt of ies ially Following	6. Ownersh Form: Direc (D) or Indire (I) (Instr. 4)	of Inc t Bene Own	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
						Code	v	Amount	(A) c (D)	Prio	ce	Reporte Transac (Instr. 3	ction(s)		(inst	1. 4)
Common Stock	02/02/2	:022	)22			A		6,733(1)	A	:	\$ <mark>0</mark>	56,402.0092(2)		D		
Common Stock	02/02/2	2022				F		3,394(3)	D	\$1	8.16	.6 53,008.0092 <sup>(2)</sup>		D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
Derivative Conversion Date Security Or Exercise (Month/Day/Year) Exercise	Deemed Lution Date, y y tth/Day/Year)	ion Date, Transac Code (In		5. Nu of Deriv Secu Acqu (A) or Dispo of (D) (Instr and 5	rities pired r osed )	Expiration D (Month/Day/		te Amount of		De Se (In	Price of erivative scurity estr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owners Form: Direct or Indi (I) (Inst	hip of Be D) Ow ect (In:	. Nature Indirect Ineficial vnership str. 4)	

- 1. Such shares were granted without restriction pursuant to the performance share component of the 2019-2021 Long Term Incentive Compensation plan.
- 2. The balance includes shares obtained through Piedmont's dividend reinvestment plan during the period in which the shares where obtained.
- 3. In connection with the grant of the unrestricted stock award (6,733 shares) on February 2, 2022, 3,394 shares were forfeited by the employee and delivered to the Company to satisfy tax withholding obligations.

## Remarks:

/s/ Laura P. Moon

02/04/2022

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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