FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Prescott Thomas R.						2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [ PDM ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner  V Officer (give title Other (specifications)				
(Last) (First) (Middle) 5565 GLENRIDGE CONNECTOR STE. 450						3. Date of Earliest Transaction (Month/Day/Year) 12/07/2022								X Officer (give title Other (specify below)  EVP-Midwest Rgn-CoHead Devlpmt				
(Street) ATLANTA GA 30342  (City) (State) (Zip)					_   4. I	4. If Amendment, Date of Original Filed (Month/Day/Year)  6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person  Form filed by More than One Reporting Person											n	
		Tab	le I - No	n-Deri	vativ	e Se	curit	ties Ac	quired	, Dis	sposed o	f, or Be	neficial	ly Owned	l			
1. Title of Security (Instr. 3)				2. Transaction Date (Month/Day/Year		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4 5)			5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D)	Price	Transacti (Instr. 3 a	on(s)			(Instr. 4)
Common Stock 12/					7/2022				М		14,393	B A	<b>\$0</b> <sup>(1)</sup>	98,919.8986(2)			D	
Common Stock 12/0				12/07	7/2022				A		15,616	3) A	\$0	114,535.8986(2)			D	
Common Stock 12/07/				/2022				F		9,696(4	) D	\$9.04	104,839.8986(2)			D		
		-	Table II -								osed of, converti			Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Executior if any (Month/Da	n Date,	4. Transa Code ( 8)		n of		6. Date I Expirati (Month/	on Dat	e of Secu ar) Underly		g Security	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	e S Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership ct (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares					
Restricted Stock Units	\$0.0 <sup>(1)</sup>	12/07/2022			М			14,393	(5)		(5)	Common Stock	14,393	\$0	0		D	

## **Explanation of Responses:**

- 1. Each restricted stock unit represents a contingent right to receive one share of PDM common stock. Restricted stock units may be settled in cash or common stock at PDM's election.
- 2. The balance includes shares obtained through Piedmont's dividend reinvestment plan during the period in which the shares where obtained.
- 3. Shares were granted on a pro-rata basis without restriction pursuant to the performance share component of the Long Term Incentive Compensation plan for the 2020-2022,2021-2023, and 2022-2024 performance periods
- 4. In connection with the vesting of 30,009 shares of common stock on December 7, 2022, 9,696 shares were forfeited by the reporting person and delivered to the Company to satisfy tax withholding obligations.
- 5. Remaining outstanding restricted stock units vested on December 7, 2022.

## Remarks:

/s/ Laura P. Moon as Attorneyin-Fact for Thomas R. Prescott

12/09/2022

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.