FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Guilbert Edward (Last) (Fit 5565 GLENRIDGE SUITE 450 (Street) ATLANTA G.	3. Da 05/1	Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM] 3. Date of Earliest Transaction (Month/Day/Year) 05/17/2020 4. If Amendment, Date of Original Filed (Month/Day/Year)							S. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner March Marc									
(City) (S	tate) (Z	(Zip)			Form filed by More than C Person									One Repo	orting			
	Table	le I - No	n-Deriva	tive S	Secui	rities	Acq	uired,	Dis	posed of	, or E	Benef	icially	/ Own	ed			
'''' ''' [Date	2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acqu Disposed Of (D) (II 5)				5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)
						Code	v	Amount	(A) (D)	or P	rice	Transa	ction(s) 3 and 4)			(111301.4)		
Common Stock 05/17			05/17/	2020			F		1,012(1)	Г) \$	313.6	47,874			D		
Common Stock 05/18/			05/18/	2020				F		804(2)	Г	D \$14.7		47,070			D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3) Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	ır) if any	emed ion Date, /Day/Year)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year) Date Exercisable Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4) Amount of Numborf Title Share:		De Se (In:	Price of rivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		O. Ownership Form: Direct (D) Or Indirect I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

- 1. In connection with the vesting of 2,102 shares on May 17, 2020 (representing 25% of deferred stock granted on May 17, 2018), 1,012 shares were forfeited by the reporting person and delivered to the Company to satisfy tax withholding obligations.
- 2. In connection with the vesting of 1,670 shares on May 18, 2020 (representing 25% of deferred stock granted on May 18, 2017), 804 shares were forfeited by the reporting person and delivered to the Company to satisfy tax withholding obligations.

Remarks:

/s/ Laura P. Moon as Attorneyin-Fact for Edward H.

05/19/2020

Guilbert III

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.