FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* CANTRELL WESLEY E						2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM]									heck a	tionship of Reporting F all applicable) Director			Person(s) to Issuer	
(Last)	,	First) (Middle)				3. Date of Earliest Transaction (Month/Day/Year) 02/16/2010										Officer (give title below)			Other (specify below)	
11695 JOHNS CREEK PARKWAY STE. 350						4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line)				
(Street)												X Form filed by One Reporting Person Form filed by More than One Reporting								
JOHNS CREEK 2Q 30097																Perso		e thar	n One Rep	oorting
(City)	(Sta	ate) (Z	Zip)																	
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day)						Execution Date,			3. Transaction Code (Instr. 8) 4. Securities Acquired (Disposed Of (D) (Instr. and 5)						3, 4 Secu		cially I	Form (D) o	ect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
									Code	v	Amount		(A) or (D)	Price	, F	eported ransaction(s) nstr. 3 and 4)		(iiioti		(111501. 4)
Class A c	2010				P		8,000		A	A \$14		8,948			D					
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	tive Conversion Date Execution Date, ty or Exercise (Month/Day/Year) if any		ion Date,	Code (li	Transaction of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Exercisable Date			7. Title and Amount of Securities Underlying Derivative Security (Instr 3 and 4) Amou or Numb of Title Shares		ount	8. Price of Derivative Security (Instr. 5)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		0. Iwnership orm: virect (D) r Indirect) (Instr.)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

Explanation of Responses:

<u>Laura P. Moon, Attorney-in-</u> <u>Fact</u> <u>02/18/2010</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).