FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Owens Raymond Lee							2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM]											nip of Reporting F plicable) ctor		erson(s) to 1		
(Last)	,	First	,	1iddle)	1		3. Date of Earliest Transaction (Month/Day/Year) 03/22/2016									X	belov	,		Other (specify below)		
11695 JOHNS CREEK PARKWAY							J										EVP- Chief Investment Officer					
STE. 350						4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street)																X	Form filed by One Reporting Person					
JOHNS CREEK GA 30097																	Form filed by More than One Reporting Person					
(City)	(Stat	e) (Z	ip)																		
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																						
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/N							Execution Da			Code (Instr.		4. Securities Acquired (ADisposed Of (D) (Instr. 35)					Securities Beneficially Owned		Forn (D) c	rect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	Amount		A) or D)	Price	Price		Reported Transaction(s) (Instr. 3 and 4)		,	(111501. 4)						
Common	016	16			A		1,605(1)	(2)	Α	\$	0	76,564			D							
Common	016				F		536(3)		D	\$19.94		76,028			D							
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																					
1. Title of Derivative Security Price of Derivative Security				Executif any	eemed Ition Date, th/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Expirati	on Da		7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		l nstr.	Secu	ivative urity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	/ D	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)			Expiration Date	Title	of	mber ares								

Explanation of Responses:

- 1. Such shares were granted without restriction pursuant to the performance share component of the 2013 Long Term Incentive Compensation plan.
- 2. Mr. Owens elected to receive 50% of his Long Term Incentive Award as unrestricted stock, and 50% was deferred into the Company's Non-Qualified Deferred Compensation Plan.
- 3. In connection with the grant of the unrestricted stock award (1,605 shares) on March 22, 2016, 536 shares were forfeited by the employee and delivered to the Company to satisfy tax withholding obligations.

Remarks:

/s/ Laura P. Moon as Attorneyin-Fact for Raymond Lee 03/24/2016 Owens

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.