FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number: 3235-02								
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Reddic Carroll A IV					2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM]										heck all a	hip of Reporti pplicable) ector	ng Person(s) to	Owner
(Last)	(Fir	st) (M	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 02/16/2010									A be	icer (give title low) Exec VP - R	Othe belo eal Estate O	′
STE. 350	4. If Amendment, Date of Original Filed (Month/Day/Year)										Individual or Joint/Group Filing (Check Applicable Line)							
(Street) JOHNS CREEK GA 30097															Fo	Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(St	ate) (Z	Zip)															
		Tabl	e I - N	on-Deriv	ative S	Secu	ıritie	s Acc	juired, l	Disp	osed o	f, or	Bene	ficia	lly Ow	ned		
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day)						Execution Date,			3. Transaction Code (Instr. 8) 4. Securities Acquired Disposed Of (D) (Instrand 5)					Sec Ben Owi	mount of urities eficially ied owing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
						Code	v	Amount		A) or O)	Price	Rep Tra	owing orted nsaction(s) tr. 3 and 4)	(msu. 4)	(Instr. 4)			
Class A co	2010			P		1,000)	A	\$14	3,441		D						
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	emed ion Date, n/Day/Year)		sinsaction de (Instr. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Exercisable Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) Amoun or Numbe of Title Shares		ount nber	8. Price of Derivative Security (Instr. 5) (Instr. 5) 9. Numl derivative Securiti Securiti Benefic Owned Followin Reporte Transac (Instr. 4)		Ownershi Form: Direct (D) or Indirec (I) (Instr. 4)	Beneficial Ownership

Explanation of Responses:

<u>Laura P. Moon, Attorney-in-</u> <u>Fact</u> <u>02/18/2010</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.