FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549	

STATEMENT	OF CHANGES I	N BENEFICIAL	OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* COHEN GLENN GARY						2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM]										neck all X	applic Directo	cable) or	g Pers	son(s) to Iss	vner
(Last) 5565 GL STE 450	ENRIDGE	rst) CONNECTOR	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 05/13/2020										officer elow)	(give title		Other (s	specify	
(Street)		A :	30342		4. 11								6. I Lin	e) <mark>X</mark> F	Form filed by One Reporting Person Form filed by More than One Reporting						
(City)	(Si	tate)	(Zip)													P	ersor	1			
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																					
Date					2A. Deemed Execution Date, if any (Month/Day/Yea		´	Code (Inst					4 and Securi Benefi Owned		ties For cially (D) I Following (I) (n: Direct r Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
										Code	v	Amount (A) or (D)		Price	Reported Transactio (Instr. 3 an		ion(s)			(111501.4)	
Common Stock 05				05/13	3/202	/2020				M		868	A		(1)(2)	5,868			D	
		Т	able II -									sed of onverti				y Owr	ned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transa Code (8)				6. Date Exercisa Expiration Date (Month/Day/Yea			Amount of			Deriva Secur	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficial Owned Following Reported Transactic (Instr. 4)	i G	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Da Ex	ate xercisabl		xpiration ate	Title	1	Amount or Number of Shares						
Restricted Stock Units	\$0.0 ⁽¹⁾	05/13/2020			M			868		(2)		(2)	Com		868	\$()	0		D	
Restricted Stock Units	\$0.0 ⁽¹⁾	05/13/2020			A		6,540			(3)		(3)	Com		6,540	\$()	6,540		D	

Explanation of Responses:

- 1. Each restricted stock unit represents a contingent right to receive one share of PDM common stock. Restricted stock units may be settled in cash or common stock at PDM's election.
- 2. On March 1, 2020, the reporting person was granted 868 restricted stock units, which vested at the 2020 Annual Meeting of Stockholders of Piedmont Office Realty Trust, Inc. on May 13, 2020, and were settled in PDM common stock.
- 3. On May 13, 2020, at the 2020 Annual Meeting of Stockholders of Piedmont Office Realty Trust, Inc., the reporting person was granted 6,540 restricted stock units, which will vest on the earlier of the 2021 Annual Meeting of Stockholders, or the anniversary of the grant date in May 2021.

Remarks:

/s/ Laura P. Moon as Attorneyin-Fact for Glenn G. Cohen

05/14/2020

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.