FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name ar		2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [N/A]										5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner									
(Last) 11695 JC	(Fir	st) (N	Middle)		3. Date of Earliest Transaction (Month/Day/Year) 04/21/2009 X Officer (give title Other (specibelow) Exec VP - Capital Mkts																
STE. 350 (Street) JOHNS CREEK GA 30097					4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)										lividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(St	ate) (Z	Zip)																		
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																					
1. Title of S	on 2A. Deemed Execution Date, if any (Month/Day/Year)			Date,	Transaction Dispose Code (Instr. and 5)			rities Acquired (A			3, 4 Sec Ben Owr		Amount of curities neficially med llowing		wnership n: Direct or rect (I) tr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)					
								Code	v	Amount		(A) or (D)	Price	e	Reported Transaction(s) (Instr. 3 and 4)		,		()		
Common	Stock	009				Α		4,598	3	A	\$0		37,025.3			D					
Common Stock 04/21/2									F		1,491.9	95	D	\$7.4		37,025.3			D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	ivative Conversion Date urity or Exercise (Month/Day/Year) if any			on Date,	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date E Expiratio (Month/D	Amo Secu Unde Deriv	Amo	str.	of Deriv Secu	erivative ecurity estr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	, E	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
					Code	V	(A)	(D)	Date Exercisable		Date	Title Sha		res							

Explanation of Responses:

Raymond L. Owens

** Signature of Reporting Person

 $\frac{04/22/2009}{\text{Date}}$

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.