FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB APPROVAL								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  BARRETT KELLY HEFNER					Pied	2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM]									eck all a	nship of Reporting P applicable) director		erson(s) to Issuer	
(Last)	, , , , , , , , , , , , , , , , , , , ,				3. Date of Earliest Transaction (Month/Day/Year) 05/12/2016										Officer (give title below)		Other (specify below)		
11695 JOHNS CREEK PARKWAY STE. 350				4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)								Lin	Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person					
(Street)  JOHNS C	CREEK GA	. 3	0097												For	m filed by Moi rson		-	
(City)	(St	ate) (Z	Zip)																
		Table	e I - N	on-Deriv	ative S	Secu	ıritie	s Acq	uired, [	Disp	osed of	f, or	Bene	ficia	lly Owi	ned			
1. Title of Security (Instr. 3)  2. Transacti Date (Month/Day					Execution Date,			3. Transaction Code (Instr. 8) 4. Securities Acquired Disposed Of (D) (Instr. and 5)					Secu Ben Own	mount of irities eficially ed owing	6. Owner Form: I (D) or Indirect (Instr. 4	Direct	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount		A) or D)	Price	Rep Tran	orted saction(s) r. 3 and 4)	(IIIsu	•,	(111501. 4)
Common Stock 05/12/20					016			A		3,921	(1)	A	\$0		3,921		)		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	ative Conversion Date Execution Date, ity or Exercise (Month/Day/Year) if any		ion Date,	Code (Ir	Transaction Code (Instr. B) Se Ad (A Di of (Ir an		osed ) ·. 3, 4	6. Date Ex Expiration (Month/Da	Datay/Ye	e Amount of		ount	8. Price of Derivativ Security (Instr. 5)	9. Number derivative securities Beneficially Owned Following Reported Transaction (Instr. 4)	Own Fori Dire or li (l) (l 4)	nership m: ect (D) ndirect nstr.	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

## Explanation of Responses:

1. Shares granted will vest on the anniversary of the grant date on May 12, 2017.

## Remarks:

/s/ Laura P. Moon as Attorneyin-Fact for Kelly H. Barrett 05/16/2016

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>\*</sup> If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).