FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

	OMB APPRO	VAL				
	OMB Number:	3235-0287				
l	Estimated average burd	en				
l	hours per response:	0.5				

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Bowers Robert E						2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM]									Check all a	pplicable) ector	ng Perso	Person(s) to Issuer 10% Owner Other (specify		
(Last) 5565 GL STE, 450	_	rst) (CONNECTOR	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 05/17/2018 X Officer (give ti below) E										low)	P-CFO	below)		
(Street) ATLANTA GA 30342 (City) (State) (Zip)				_ 4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)										Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da						Execution Date,		Date,	Transaction Disposed Of (es Acquired (A) o Of (D) (Instr. 3, 4			nd 5) Sec Ber Ow	mount of urities eficially ned Following orted	Form: (D) or	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	((A) or (D) Pr		Trai	Transaction(s) (Instr. 3 and 4)			(111301. 4)	
Common Stock 05/17/2					7/2018	2018		A		29,323	(1)	A	\$	0	264,122		D			
Common Stock 05/17/2					7/2018	/2018			F		3,325(2	2)	D	\$17	'.84	4 260,797		D		
		Та									osed of, onvertib					d				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date, Tr		ransaction code (Instr.				6. Date Exercisable and Expiration Date (Month/Day/Year)				str. 3	8. Price of Derivative Security (Instr. 5)		Ow For Dir or I (I) (Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code		v	(A) (D)		Date Exercisa	able	Expiration Date	Numbe of Title Shares									

Explanation of Responses:

- 1. Of the shares granted, 25% vest on the day of the grant, and the remaining shares vest ratably on the anniversary date of the grant date over the following three years.
- 2. In connection with the vesting of 25% of the restricted stock award (7,330 shares) on May 17, 2018, 3,325 shares were forfeited by the employee and delivered to the Company to satisfy tax withholding obligations.

Remarks:

/s/ Laura P. Moon as Attorneyin-Fact for Robert E. Bowers

05/18/2018

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.