FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL										
	OMB Number:	3235-0287									
	Estimated average b	urden									
-	hours ner resnonse.	0.5									

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Pangburn Joseph H.						2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM]										Relationship neck all appl Direct	icable)	g Per	son(s) to Iss 10% Ov Other (s	vner
(Last) (First) (Middle) 5565 GLENRIDGE CONNECTOR STE. 450						3. Date of Earliest Transaction (Month/Day/Year) 02/17/2022											below) below) EVP- Southwest Region			урсопу
(Street)	ΓA G	A	30342		4. If Amendment, Date of Original Fi							led (Month/Day/Year)				Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(S	tate)	(Zip)																	
		Tab	le I - No	n-Deriv	ative	_			cqui	ired, I	Dis	1				Ily Owne	d			
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		ar)	2A. Deemed Execution Date, if any (Month/Day/Year)		, T	Transaction Code (Instr.						Benefic	ies ially Following	Forn (D) c	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									[Code	v	Amount	(A) or (D)		Price		ction(s)			(111341.4)
Common Stock			02/17	7/2022					M		1,676	5	A	(1)(2) 58	3,565		D		
Common Stock			02/17	7/2022					F		409(3)		D	\$17.	11 58	3,156		D		
Common Stock				02/19	9/2022					M		1,127		A	(2)(4	59	9,283		D	
Common	Stock	02/19/2022 F 275					275 ⁽⁵	5)	D	\$17.	02 59	59,008		D						
		Т	able II -									osed of onverti				y Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transactio Code (Inst 8)		of Der Sec Acc (A) Dis of (posed D) str. 3, 4	Exp	oate Exe piration onth/Day	Date		7. Title and Amount of Securities Underlying Derivative Se (Instr. 3 and 4		l Security	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactic (Instr. 4)	e s illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exe	e ercisable		expiration Pate	Title	e	Amount or Number of Shares					
Restricted Stock Units	\$0.0 ⁽²⁾	02/17/2022			M			1,676		(6)		(6)		nmon tock	1,676	\$0	10,724	4	D	
Restricted Stock	\$0.0 ⁽²⁾	02/19/2022			M			1,127		(7)		(7)		nmon tock	1,127	\$0	9,597	,	D	

Explanation of Responses:

- 1. Represents the vesting of 25% of a grant issued on February 17, 2021 of restricted stock units, which were settled in PDM common stock.
- 2. Each restricted stock unit represents a contingent right to receive one share of PDM common stock. Restricted stock units may be settled in cash or common stock at PDM's election.
- 3. In connection with the vesting on February 17, 2022 reported above, 409 shares were forfeited by the employee and delivered to PDM to satisfy tax withholding obligations.
- 4. Represents the vesting of 25% of a grant issued on February 19, 2020 of restricted stock units, which were settled in PDM common stock.
- 5. In connection with the vesting on February 19, 2022 reported above, 275 shares were forfeited by the employee and delivered to PDM to satisfy tax withholding obligations.
- 6. On February 17, 2021, the reporting person was granted 6,706 restricted stock units, vesting in four equal, annual installments beginning on the grant date.
- 7. On February 19, 2020, the reporting person was granted 4,506 restricted stock units, vesting in four equal, annual installments beginning on the grant date.

Remarks:

/s/ Laura P. Moon as Attorneyin-Fact for Joseph H. Pangburn

** Signature of Reporting Person

02/22/2022

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.