FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Pangburn Joseph H.							Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM] 3. Date of Earliest Transaction (Month/Day/Year)										all app Direc	ip of Reporting F plicable) ctor er (give title		10% C	
(Last)	(F	irst)	(IV	liddle)		03/22	2/20	16								Λ	below)			below)	
11695 JOHNS CREEK PARKWAY																EVP- Southwest Region					
STE 350						4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)															X	X Form filed by One Reporting Person					
JOHNS C	JOHNS CREEK GA 30097														Form filed by More than One Reporting Person						
(City)	(5	itate)	(Z	ip)																	
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																					
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/					Execution Date,							ties Acquired (A d Of (D) (Instr. 3,			Securi	rities eficially ed		wnership m: Direct or rect (I) tr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(A (D	i) or i)	Price	,	Reported Transaction(s) (Instr. 3 and 4)		(u. 4)	(111341. 4)	
Common Stock 03/22/20					016				A		1,284(1	1)	A	\$(0	17,437		D			
Common Stock 03/22/20					016			F		352(2)		D	\$19.94		17,085			D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Execut Security or Exercise (Month/Day/Year) if any				eemed tion Date, n/Day/Year)		ansaction ode (Instr.		mber ative rities ired rosed . 3, 4	6. Date Exercisable a Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		nstr.	8. Pr of Deriv Secu (Inst	ivative Surity I tr. 5) I	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	, E	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	(A)	(D)	Date Exercisable		Expiration Date	Amour or Number of Shares		mber									

Explanation of Responses:

- 1. Such shares were granted without restriction pursuant to the performance share component of the 2013 Long Term Incentive Compensation plan.
- 2. In connection with the grant of the unrestricted stock award (1,284 shares) on March 22, 2016, 352 shares were forfeited by the employee and delivered to the Company to satisfy tax withholding obligations.

Remarks:

Laura P. Moon as Attorney-in-Fact for Joseph H. Pangburn

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.