UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Form 8-K

CURRENT REPORT Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): March 19, 2012

Piedmont Office Realty Trust, Inc.

(Exact name of registrant as specified in its charter)

Commission File Number: 001-34626

Maryland
(State or other jurisdiction of incorporation)

58-2328421 (IRS Employer Identification No.)

11695 Johns Creek Parkway
Suite 350
Johns Creek, GA 30097-1523
(Address of principal executive offices, including zip code)

770-418-8800 (Registrant's telephone number, including area code)

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

[]	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
[]	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
[]	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
[]	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01 Regulation FD Disclosure

On March 22, 2012, Piedmont Office Realty Trust, Inc. (the "Registrant") mailed the letter attached as Exhibit 99.1 to this current report on Form 8-K to its stockholders in conjunction with the first quarter 2012 dividend payment. Pursuant to the rules and regulations of the Securities and Exchange Commission, such exhibit and the information set forth therein are deemed to have been furnished and shall not be deemed to be "filed" under the Securities Exchange Act of 1934.

Additionally, the exhibit to this Form 8-K may contain certain statements which constitute forward-looking statements within the meaning of Section 27A of the Securities Act of 1933, as amended, and Section 21E of the Securities Exchange Act of 1934, as amended. Such information is subject to certain risks and uncertainties, as well as known and unknown risks, which could cause actual results to differ materially from those projected or anticipated. Therefore, such statements are not intended to be a guarantee of our performance in future periods. Such forward-looking statements can generally be identified by our use of forward-looking terminology such as "may," "will," "expect," "intend," "anticipate," "believe," "continue" or similar words or phrases that are predictions of future events or trends and which do not relate solely to historical matters.

Item 8.01 Other Events

On March 19, 2012, the Registrant closed the sale of four buildings and 18.19 acres of adjoining vacant land located in Beaverton, Oregon for approximately \$43.9 million, exclusive of closing costs. The four buildings sold were referred to by the Registrant as the Deschutes building, the Rhein building, the Rogue building, and the Willamette building.

Item 9.01 Financial Statements and Exhibits

(d) Exhibits:

Exhibit No.	Description
99.1	First Quarter 2012 Stockholder Letter dated March 22, 2012

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Piedmont Office Realty Trust, Inc.

Date: March 22, 2012 By: /s/ Laura P. Moon

Laura P. Moon

Chief Accounting Officer and Senior Vice President

EXHIBIT INDEX

Exhibit No.	Description
99.1	First Quarter 2012 Stockholder Letter dated March 22, 2012



March 22, 2012

Fellow Stockholders,

Enclosed is your first quarter 2012 dividend notice which reflects your quarterly dividend of \$0.20 per share. As anticipated and as previously communicated, the Board of Directors did revisit our dividend policy during the first quarter and determined to adjust the quarterly dividend rate from \$0.32 per share to \$0.20, which is more in line with our anticipated taxable income.

The new rate equates to an approximate 4.5% dividend yield, based upon our current stock price. According to the National Association of Real Estate Investment Trusts, as of the end of January the dividend yield of the FTSE NAREIT All Equity REITs Index was 3.5%. We recognize that dividends are an important part of the REIT investment proposition for some investors, and that news of a dividend reduction is never welcomed; however, as we have been communicating for several quarters, Piedmont is in a significant re-leasing period and in the midst of a fragile-economic, tenant-favorable environment, which, combined, create short-term earnings pressure. However, as we look at our multi-year forecasts, we are optimistic about our ability to grow earnings as the economy improves.

We ended 2011 as the largest single leasing year in Piedmont's history and a solid one for acquisition and disposition activity as well. We completed approximately \$390 million of acquisition activity and approximately \$485 million of disposition activity during the year and have budgeted slightly lower activity levels for 2012. Along those lines, we recently announced that we have closed on the sale of our four Portland assets. The assets, including some undeveloped land parcels adjacent to the properties, were sold to NIKE, Inc. at a sales price of \$43.9 million and resulted in a gain which will be included in our first quarter results of operations. The transaction marks our exit from the Portland market which furthers our market consolidation strategy.

Our investments in Piedmont are significant to each of us and we take the stewardship of the Company's assets very seriously. I hope that you will take the time to review our upcoming annual report which will be available to you on-line at www.piedmontreit.com. In the report we've attempted to update you on our progress to date on our market consolidation strategy and to share with you our focus for the year to come. Thank you again for the trust and confidence that you have placed in us as we strive to build long-term value for all Piedmont stockholders.

Donald A. Miller, CFA Chief Executive Officer and President

Certain statements contained in this letter constitute forward-looking statements within the meaning of the federal securities laws. We intend for all such forward-looking statements to be covered by applicable safe-harbor provisions Forward-looking statements can generally be identified by our use of forward-looking terminology such as "may," "will," "expect," "intend," "anticipate," "believe," "continue" or similar words or phrases that are predictions of future events or trends and which do not relate solely to historical matters. Examples of such statements in this letter include our ability to grow earnings as the economy improves and the ultimate amount of acquisition and disposition activity that will occur in 2012. Forward-looking statements are subject to certain risks and uncertainties, as well as known and unknown risks, which could cause actual results to differ materially from those projected or anticipated. These risks include the factors detailed in our Annual Report on Form 10-K for the year ended December 31, 2011 filed with the Securities and Exchange Commission and available at www.sec.gov. You are cautioned not to place undue reliance on these forward-looking statements, which speak only as of the date of this letter. We cannot guarantee the accuracy of any of the forward-looking statements contained in this letter, and we undertake no obligation to publicly update or revise any forward-looking statements, whether as a result of new information, future events, or otherwise.