FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL OMB Number 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| Pangburn Joseph H. Pledmont Office Realty Trust, 3. Date of Earliest Transaction (Month/Day/Year) | Director 10% Owner |
|---|---|
| (Last) (First) (Middle) 04/02/2016 11695 JOHNS CREEK PARKWAY | X Officer (give title Other (specify below) below) EVP- Southwest Region |
| STE 350 4. If Amendment, Date of Original Filed (Month | h/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) |
| (Street) JOHNS CREEK GA 30097 | X Form filed by One Reporting Person Form filed by More than One Reporting Person |
| (City) (State) (Zip) | |

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | Code (Instr. | | 4. Securities Disposed Of and 5) | | | 5. Amount of Securities Beneficially Owned | Form: Direct (D) or Indirect (I) | of Indirect Beneficial Ownership |
|---------------------------------|--|---|--------------|---|--|---------------|---------|---|--|--|
| | | | Code | v | Amount | (A) or (D) | Price | Following Reported Transaction(s) (Instr. 3 and 4) | (Instr. 4) | (Instr. 4) |
| Common Stock | 04/02/2016 | | F | | 161 ⁽¹⁾ | D | \$20.34 | 16,924 | D | |

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| | buis, cans, warrants, options, convertible securities | | | | | | | | | | | | | |
|---|---|---|----------------------------------|---|------|-----|---|---|-------|--|--|--|-------------------------|--|
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transact Code (In 8) | | of E | | 6. Date Exer Expiration D (Month/Day/ | 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) | | of | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4) | Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | Beneficial Ownership | |
| | | | Code | v | (A) | (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | | | | |

Explanation of Responses:

1. In connection with the vesting of 586 shares of deferred stock on April 2, 2016 (representing 25% of an initial grant made on April 2, 2013), 161 shares were forfeited by the employee and delivered to the Company to satisfy tax withholding obligations.

Remarks:

/s/ Robert E. Bowers as Attorney-in-Fact for Joseph H. 04/05/2016 Pangburn

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.