FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person Owens Raymond Lee				2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM]									Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) 11695 JOHNS CREEK PARKW.	(Middle	05/06/2010					nsaction (Month/Day/Year)						X	Offic	er (give title w)		(specify	
STE. 350			4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable					
(Street) JOHNS CREEK GA	30097	,											ine) X					
(City) (State)	(Zip)																	
7	able I -	Non-Deriv				cq	uired,	Dis	_									
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year		Execution Date,		,	3. Transaction Code (Instr. 8)						3, 4 Secu Bene Own			6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership		
							Code	v	Amount		(A) or (D)	Pric	e			(Instr. 4)	(Instr. 4)	
Class A common stock		05/06/2	010				A		1,813(1	1)	A	\$	0	8	3,739	D		
Class B-1 common stock		05/06/2	010				Α		1,812(1	1)	A	\$	60	(5,735	D		
Class B-2 common stock		05/06/2	010	010			A		1,813(1)		A	\$0		(5,737	D		
Class B-3 common stock		05/06/2	010				A		1,813(1	1)	A	\$	0	(5,737	D		
Class A common stock		05/06/2	010				F		195(2)		D	\$19	9.54	8	3,739	D		
Class B-1 common stock		05/06/20)10			F		196(2)		D	\$19.54		6,735		D		
Class B-2 common stock		05/06/20)10			F		196(2)		D	\$19.54		6,737		D		
Class B-3 common stock 05/06/20			010				F 196 ⁽²⁾ D \$			\$19	9.54	6,737		D				
	Table I	I - Derivat				•		•	sed of, onvertib				•	wned				
1. Title of Derivative (Instr. 3) 2. Conversion Date (Month/Day/Y Derivative Security	ear) Exec	Deemed ution Date,	4. Transa Code (8)	ction	5. Number of		6. Date Exerci Expiration Da (Month/Day/Y		isable and	7. T Ame Sec Und Der Sec	7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		8. Prio of Deriva Secur (Instr.		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership	
			Code	v	(A) (D)		Date Exercisa		Expiration Date	Title	or Nu of	mber	ber					

Explanation of Responses:

- 1. The award reported herein was part of an award of 9,671 shares of restricted stock awarded on May 6, 2009. The total award vested as to 25% immediately upon the original award date and vested as to the remaining shares at a rate of 25% annually from the original award date. Mr. Owens is now reporting all of the unvested shares, including the 25% that vested as of the event date, since the total shares awarded should have been reported on the original award date. All amounts reported herein reflect the recapitalization of the Company's common stock and the related adjustment of outstanding stock awards, whereby each share of the Company's common stock was converted into 1/12th of a share each of the Company's Class A, B-1, B-2 and B-3 common stock.
- 2. In connection with the vesting of 2,418 shares of deferred stock on May 6, 2010, 783 shares were delivered to the Company to satisfy tax withholding obligations, in accordance with the Company's 2007

Raymond L. Owens 05/10/2010

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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