FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Vashington,	D.C. 2054	9
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Check this box if no longer subject	
o Section 16. Form 4 or Form 5	
obligations may continue. See	
noterration 1/h)	

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Bowers Robert E				2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [ PDM ]										all app	licable) tor	ng Person(s) to Is		wner	
(Last) 5565 GL	(Fir	est) (M	Middle	•)		3. Date of Earliest Transaction (Month/Day/Year)  03/17/2023  X Officer (give title below)  EVP-CFO&Admi										Other (s below) min Off	specify		
STE. 450				4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) ATLANTA GA 30342														X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State) (Zip)				Rul	Rule 10b5-1(c) Transaction Indication														
						Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
		Table	I - N	lon-Deriva	tive S	Secu	rities	Ac	quire	d, Di	sposed of	, or E	Benefici	ially	Own	ed			
1. Title of Security (Instr. 3)  2. Transactic Date (Month/Day/			Execution (Fear)		on Date,		3. Transaction Code (Instr. 8)  4. Securities Disposed Of					nd 5) Secu Bene Own		cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
								Code	v	Amount	(A) or (D)	Price		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock 03/17/20				23 P 2,000 A \$		\$6.988	32(1)	2 <sup>(1)</sup> 343,105		5 D									
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Exec if any	Deemed ution Date, y tth/Day/Year)		Transaction of Code (Instr. Derivative		Expiration Date Amo (Month/Day/Year) Sect Und Deri			7. Titl Amou Secur Unde Deriv Secur 3 and	int of rities rlying ative rity (Instr.	Der Sec	rice of ivative urity tr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exerc	cisable	Expiration Date	Title	Amount or Number of Shares						

## **Explanation of Responses:**

1. The price reported in Column 4 is a weighted average price. These shares were purchased in multiple transactions at prices ranging from \$6.9850 to \$6.9896, inclusive. The reporting person undertakes to provide to Piedmont Office Realty Trust, Inc. ("Piedmont"), any security holder of Piedmont, or the staff of the Securities and Exchange Commission upon request, full information regarding the number of shares purchased at each separate price within the ranges set forth in this footnote to this Form 4.

## Remarks:

/s/ Laura P. Moon as Attorney-03/20/2023 in-Fact for Robert E. Bowers

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.