FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
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hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Bowers Robert E						2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM]									Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last)	(Fir	st) (M EK PARKWAY	Middle)		3. Date of Earliest Transaction (Month/Day/Year) 03/22/2016										X Officer (give title below)			-CFO	Other (specify below)	
STE. 350	4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable									
(Street) JOHNS CREEK GA 30097																Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(St	ate) (Z	Zip)																	
		Tabl	e I - N	Non-Deriv	ative S	ecu	rities	s Acc	quired,	Dis	posed o	f, or	Bene	eficia	ally O	wne	d			
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/						Executi						ties Acquired (A			S, 4 Sec Bei Ow		curities eneficially vned		nership : Direct ect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	Amount	(A (D	() or	Price	R	Following Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)		(111501.4)					
Common	016			A		8,988(1	1)	A	\$0		182,464		D							
Common Stock 03/22/20						016			F		2,998(2	2)	D	\$19 .	.94	179,466		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	rivative Conversion Date Execution Date, curity or Exercise (Month/Day/Year) if any				4. Transac Code (Ir 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date E Expiration (Month/I	7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		str.	8. Pric of Deriva Securi (Instr.	ative ity I	9. Number of derivative Securities Beneficially Owned Following Reported Transaction((Instr. 4)	Ov Fo Di or (I) 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	ode V (A) (D)		Date Exp		Expiration Date										

Explanation of Responses:

- 1. Such shares were granted without restriction pursuant to the performance share component of the 2013 Long Term Incentive Compensation plan.
- 2. In connection with the grant of the unrestricted stock award (8,988 shares) on March 22, 2016, 2,998 shares were forfeited by the employee and delivered to the Company to satisfy tax withholding obligations.

Remarks:

/s/ Laura P. Moon as Attorneyin-Fact for Robert E. Bowers 03/24/2016

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.