FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSH

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ICIAL OWNERSHIP	OMB Number:	3235-0287					
CIAL OWNLINGIIII	Estimated average burden						

OMB ADDDOVAL

0.5

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Smith Christopher Brent						2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM]									Check all a			Owner r (specify	
(Last) 5565 GL STE, 450		rst) (CONNECTOR	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 02/12/2019									^ bel	ow) (wo	below) Chief Inv. Off		
(Street) ATLANT	1)					4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Tabl	e I - No	n-Deriv	/ative	Se	curitie	es Ac	quired	, Dis	posed o	f, or	Ben	efici	ally Owr	ed			
1. Title of Security (Instr. 3) 2. Transa Date (Month/D					Execution Date,		Transaction Disposed Code (Instr. 5)			ities Acquired (A) d Of (D) (Instr. 3, 4			nd Secu Bend Own	nount of crities eficially ed Following orted	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
								Code	v	Amount	(A) or D)	Price	Tran	saction(s) r. 3 and 4)		(1130.4)		
Common Stock 02/12				2/2019	/2019			A		6,906	1)	A	\$	0	77,866				
Common Stock 02/1			02/12	2/2019				F		2,118	2)	D	\$20	.47	75,748	D			
		Та									osed of, onvertib					t			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	vercise (Month/Day/Year) if any e of vative (Month/Day/Year)	n Date, Transac Code (Ir					6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		ount	8. Price of Derivative Security (Instr. 5)		Ownership Form: Direct (D) or Indirect (I) (Instr. 4	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	of	ares							

Explanation of Responses:

- 1. Such shares were granted without restriction pursuant to the performance share component of the 2016-2018 Long Term Incentive Compensation plan.
- 2. In connection with the grant of the unrestricted stock award (6,906 shares) on February 12, 2019, 2,118 shares were forfeited by the employee and delivered to the Company to satisfy tax withholding obligations.

Remarks:

<u>/s/ Laura P. Moon as Attorney-</u> <u>in-Fact for Christopher Brent</u> <u>02/13/2019</u> <u>Smith</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.