FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Bowers Robert E						2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM]									Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner							
(Last) (First) (Middle) 11695 JOHNS CREEK PARKWAY						3. Date of Earliest Transaction (Month/Day/Year) $05/06/2010$									X	Officer (give title below) Chief Finan			Other below)	(specify		
STE 350						4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line)						
(Street) JOHNS CREEK GA 30097																	Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)		(Sta		Zip)																		
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of Security (Instr. 3) 2. Transaction 2. Deemed 3. 4. Securities Acquired (A) or 5. Amount of 6. Ownership 7. Nature																						
D:					Date (Month/Day/Year)		Execution Date,		Transaction Code (Instr. 8)		Disposed Of (D) (Instr. 3 and 5)				S	Securities Beneficially Owned		Forr (D) o	m: Direct or irect (I)	of Indirect Beneficial Ownership		
								Code	v	Amount	(A) or (D)		Price		Following Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)		(Instr. 4)			
Class A c	ommon s	toc	k		05/06/2	010				A		5,077(1	.)	A	\$()	1	1,913		D		
Class B-1 common stock						05/06/2010						5,076(1)		A	\$0		11,710			D		
Class B-2 common stock					05/06/2010				A		5,077(1	.)	A	\$0		1	11,711		D			
Class B-3 common stock 05/0						5/06/2010						5,077(1	.)	A	\$0		11,711			D		
Class A common stock 05/0						010			F		548(2)		D	\$19.54		11,913			D			
Class B-1 common stock 05/0						2010				F		549(2)		D	\$19.54		11,710		D			
Class B-2 common stock 05/0						/2010				F		549(2)		D	\$19.54		11,711		D			
Class B-3	common	n sto	ock	010				F		549(2)		D	\$19.54		11,711			D				
			Та	ble II	- Derivati (e.g., pu				-		-	sed of, o				y Ow	ned					
Derivative Conversion Date Execu Security or Exercise (Month/Day/Year) if any					eemed tion Date, Trans. Code h/Day/Year)				6. Date Expiration (Month/i	on Da		7. Title and Amount of Securities Underlying Derivative Security (Insti 3 and 4) Amou or Numb		nstr.	8. Pri of Deriv Secur (Instr	ative ity	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y [C	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	of	mber ares									

Explanation of Responses:

- 1. The award reported herein was part of an award of 27,078 shares of restricted stock awarded on May 6, 2009. The total award vested as to 25% immediately upon the original award date and vested as to the remaining shares at a rate of 25% annually from the original award date. Mr. Bowers is now reporting all of the unvested shares, including the 25% that vested as of the event date, since the total shares awarded should have been reported on the original award date. All amounts reported herein reflect the recapitalization of the Company's common stock and the related adjustment of outstanding stock awards, whereby each share of the Company's common stock was converted into 1/12th of a share each of the Company's Class A, B-1, B-2 and B-3 common stock.
- 2. In connection with the vesting of 6,770 shares of deferred stock on May 6, 2010, 2,195 shares were delivered to the Company to satisfy tax withholding obligations, in accordance with the Company's 2007

<u>Robert E. Bowers</u> <u>05/10/2010</u>

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.