FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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OMB APPROVAL								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Smith Christopher Brent</u>					2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM]										licable)	g Person(s) to	Issuer Owner		
(Last) (First) (Middle) 5565 GLENRIDGE CONNECTOR STE. 450				3. Date of Earliest Transaction (Month/Day/Year) 02/04/2020								X Officer (give title Other (specify below) President & Chief Inv. Off				w)`			
(Street) ATLANT (City)			80342 Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)							. Indivi ine) X	ividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tabl	e I - No	n-Deriv	ative	Sec	uritie	s Ac	quired,	Dis	posed o	f, or	Ben	efici	ally C	Owne	ed		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da				Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Acquired (A) of (D) (Instr. 3, 4)				and 5) Secur Benef		cially I Following	6. Ownership Form: Direct (D) or Indirec (I) (Instr. 4)	Ownership					
									Code	v	Amount	(A) or D)	Price		Transa	ection(s) 3 and 4)		(Instr. 4)
Common Stock 02/04/			2020	2020		А		16,370	1)	A \$0		0	149,510		D				
Common	Common Stock 02/04/			2020				F		5,069 ⁽²⁾ D \$		\$24	.03	144,441		D			
		Та									osed of, onvertib				y Ow	ned			
Derivative Conversion Date Executive or Exercise (Month/Day/Year) if an		3A. Deen Execution if any (Month/D	n Date, Transaction Code (Ins		nstr.	on of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date Date Expiration Date Expiration Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amour or Numbe of Title Shares		ount nber	Deriv	rivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	

Explanation of Responses:

- 1. Such shares were granted without restriction pursuant to the performance share component of the 2017-2019 Long Term Incentive Compensation plan.
- 2. In connection with the grant of the unrestricted stock award (16,370 shares) on February 4, 2020, 5,069 shares were forfeited by the employee and delivered to the Company to satisfy tax withholding obligations.

Remarks:

/s/ Laura P. Moon as Attorneyin-Fact for Christopher Brent 02/06/2020 Smith

** Signature of Reporting Person Date

 $Reminder: Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly \ or \ indirectly.$

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.