FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

wasiiiigtoii,	D.C.	20549	

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average bu	ırden									
hours per response:	0.5									

							_	_		_			_				_		
Name and Address of Reporting Person*     Valente Alex					2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [ PDM ]								(Che	ck all applic	tionship of Reporting all applicable) Director Officer (give title		ng Person(s) to Issue 10% Owr Other (sp		
(Last) 5565 GL STE, 450	ENRIDGE	irst) CONNECTOR	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 02/17/2023								X	below)	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,				
(Street)			30342		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Inc Line)	Form f	al or Joint/Group Filing (Check Applicable orm filed by One Reporting Person orm filed by More than One Reporting erson				
(City)	(5		(Zip)	n_Deriv	rative		curit	ios Ac	auired	Die	nosed (	of or B	onei	icially	, Owner	٠			
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		ar) i	2A. Deemed Execution Date,		3. Transa	Transaction Dispos		urities Acquired (A) sed Of (D) (Instr. 3, 4			5. Amou Securiti Benefici	int of es ially Following	Form (D) o	n: Direct r Indirect istr. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	Amount (A) or (D)		Price	Transac (Instr. 3	tion(s)			(Instr. 4)
Common Stock				02/17	7/2023	/2023			М		1,822	2 A		(1)(2)	34	34,681		D	
Common	Stock			02/17	<mark>7/202</mark> 3	3		F		786(1	786 <sup>(1)</sup> D		\$10.04	. 33	33,895		D		
Common	Stock	tock 02			/2023			M		819 A			(2)(3)	34	4,714		D		
Common Stock 02/			02/19	9/2023	/2023			F		353 <sup>(3)</sup> D		9	\$10.04	34,361			D		
		ī	Table II -								osed of converti				Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	Date,	4. Transaction Code (Instr. 8)		ı of E		Expiratio	. Date Exercisable a expiration Date Month/Day/Year)		e and 7. Title and Amount of Securities Underlying Derivative Se (Instr. 3 and 4			B. Price of Derivative Security Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Own Form Dire or In (I) (I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirec Beneficia Ownershi (Instr. 4)
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	or Nu of	mber ares					
Restricted Stock Units	\$0.0 <sup>(2)</sup>	02/17/2023			M			1,822	(1)		(1)	Common Stock	1,	822	\$0	24,007	7	D	
Restricted Stock	\$0.0 <sup>(2)</sup>	02/19/2023			M			819	(3)		(3)	Common	8	19	\$0	23,188	3	D	

## **Explanation of Responses:**

- $1. \ On \ February \ 17, 2021, the reporting person was granted \ 7,289 \ restricted stock units, vesting in four equal, annual installments beginning on the grant date. On February 17, 2023, 25\% of the grant vested and the person was granted \ 7,289 \ restricted stock units, vesting in four equal, annual installments beginning on the grant date. On February 17, 2023, 25\% of the grant vested \ 100$ (1,822 shares) and were settled in PDM common stock. In connection with this vesting, 786 shares were forfeited by the employee and delivered to PDM to satisfy tax withholding obligations.
- 2. Each restricted stock unit represents a contingent right to receive one share of PDM common stock. Restricted stock units may be settled in cash or common stock at PDM's election.
- 3. On February 19, 2020, the reporting person was granted 3,277 restricted stock units, vesting in four equal, annual installments beginning on the grant date. On February 19, 2023, the final 25% of the grant vested (819 shares) and were settled in PDM common stock. In connection with this vesting, 353 shares were forfeited by the employee and delivered to PDM to satisfy tax withholding obligations.

## Remarks:

/s/<u>Laura P. Moon as Attorney-</u> in-Fact for Alex Valente

02/21/2023

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.