FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Addre	ss of Reporting Pers ALD S	son [*]	2. Issuer Name and Ticker or Trading Symbol <u>Piedmont Office Realty Trust, Inc.</u> [PDM]		ationship of Reporting Person(s) to Issuer k all applicable) Director 10% Owner		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 01/22/2010		Officer (give title below)	Other (specify below)	
11695 JOHNS CREEK PARKWAY STE 350		Y	4. If Amendment, Date of Original Filed (Month/Day/Year) Line)				
(Street) JOHNS CREEK	GA	30097		X	Form filed by One Report Form filed by More than (Person	0	
(City)	(State)	(Zip)					

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year) 3. Transaction Code (Instr. 8) 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership				
			Code	v	Amount	(A) or (D)	Price	Following Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	(Instr. 4)
Common Stock	01/22/2010		J ⁽¹⁾	v	119,703.4(2)	D	(1)	0	D	
Class A common stock	01/22/2010		J ⁽¹⁾	v	9,974	Α	(1)	9,974	D	
Class B-1 common stock	01/22/2010		J ⁽¹⁾	v	9,974	Α	(1)	9,974	D	
Class B-2 common stock	01/22/2010		J ⁽¹⁾	v	9,974	Α	(1)	9,974	D	
Class B-3 common stock	01/22/2010		J ⁽¹⁾	v	9,974	Α	(1)	9,974	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

			(5-,	,	,		,				,				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transact Code (In 8)		of Deriv Secu Acqu (A) o Disp of (D	vative rities lired r osed) . 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. Pursuant to a recapitalization exempt under Rule 16b-7, each share of common stock was automatically converted into 1/12th of a share of each of Class A, Class B-1, Class B-2, and Class B-3 common stock.

2. Includes shares purchased through the dividend reinvestment plan of 177.61 shares (June 2009); 180.26 shares (September 2009); and 182.65 shares (December 2009).

Laura P. Moon, Attorney-in-	02/18/2010
Fact	02/18/2010

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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